



March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Virtual Yoga Class 9am Diabetes Wellness Group 4pm	2 Virtual Yoga Class 6pm-7pm Tele Endo. M 8:30am-4:30pm	3 Active Stretching Morongo Senior Center 10:15 am SRTH Tai Chi Class 4:30 pm
6 Cahuilla Tribal Hall Tai Chi Class 6 pm	7 Yoga Zoom Class 9 am Tele Endo. M 8:30am-4:30pm	8 Virtual Yoga Class 9am Diabetes Wellness Group 4pm	9 Virtual Yoga Class 6pm-7pm Tele Endo. M 1pm-4:30pm	10 SRTH Tai Chi Class 4:30 pm Food Fair Soboba 9am-11am
13 Cahuilla Tribal Hall Tai Chi Class 6 pm	14 Yoga Zoom Class 9 am Tele Endo. SM 8:30am-4:30pm	15 Virtual Yoga Class 9am Diabetes Wellness Group 4pm	16 Virtual Yoga Class 6pm-7pm Tele Endo. M 8:30am-4:30pm	17 Active Stretching Morongo Senior Center 10:15 am SRTH Tai Chi Class 4:30 pm
20 Cahuilla Tribal Hall Tai Chi Class 6 pm	21 Yoga Zoom Class 9 am Tele Endo. M 8:30am-4:30pm	22 Virtual Yoga Class 9am Diabetes Wellness Group 4pm	23 Virtual Yoga Class 6pm-7pm Prep for conference Tele Endo. S 8:30am-4:30pm	24 "For Your Health" Conference 8am-1pm at Agua Caliente SRTH Tai Chi Class 4:30 pm
27 Cahuilla Tribal Hall Tai Chi Class 6 pm	28 Yoga Zoom Class 9 am Tele Endo. SM 9am-4pm	29 Virtual Yoga Class 9am Diabetes Wellness Group 4pm	30 Virtual Yoga Class 6pm-7pm	31 Active Stretching Morongo Senior Center 10:15 am SRTH Tai Chi Class 4:30 pm
B-Barstow M-Morongo N-Noli P-Pechanga SM- San Manuel	S-Soboba TM-Torres Martinez CTH- Cahuilla Tribal Hall SRTH- Santa Rosa Tribal Hall	DM MTG- Diabetes Team Meet MMU-Mobile Medical Unit DE- Diabetes Education Classes Tele-Endo.- Tele-Endocrinology Clinic	HB= Holly Brawner CM= Claudia Magaña MS= Mauricio Silva BG= Brenda Gonzalez HH=Hannah Hughes	DB= Dwayne Boyd EE= Eric Eblen RE= Raulena Edwards Released 03/10/2023

