

2024 Nutrition Classes & Events

January

WELL Class Part 1
Begins: (8 classes)

**Commodities
Food Demo**
1/2/24

February

WELL Class Part 1
Ends

**Commodities
Food Demo**
2/1/24

March

**Food Fair &
Conference**
3/7/24

**Commodities
Food Demo**
3/4/24

April

**Commodities
Food Demo**
4/1/24

May

**Hybrid Cooking
Classes**
(4 classes)

**Commodities
Food Demo**
5/1/24

June

Sr. Nutrition BBQs
Baby & Me Fair
6/11/24

**Commodities
Food Demo**
6/3/24

July

**Commodities
Food Demo**
7/1/24

August

WELL Class Part 2
Begins: (8 classes)

**Commodities
Food Demo**
8/1/24

September

WELL Class Part 2
Ends

**Commodities
Food Demo**
9/3/24

October

**Remember Me
Walk**
10/24/24

**Commodities
Food Demo**
10/1/24

November

**Commodities
Food Demo**
11/4/24

December

**Commodities
Food Demo**
12/2/24

Call for details 909-864-1097 ext. 4840

**dates subject to change