

Family Resource Center

The Family Resource Center's purpose is to promote, provide, and manage a balanced system of culturally sensitive, professional mental health and comprehensive alcohol and drug abuse services to all San Bernardino County Residents at No Cost !

The Family Resource Center is committed to work with agencies to provide a comprehensive range of outreach, prevention, assessment, treatment, and rehabilitation services to the Community.

We are dedicated to provide you with support, care, and the respect you need, in a manner that honors your experiences, skills, strengths, and insights to find your own path of recovery

Administrative Office

Riverside-San Bernardino
County Indian Health, Inc.
11980 Mt. Vernon Avenue,
Grand Terrace
(909)864-1097 ext. 4795



**FOR ALL NUMBERS LISTED ABOVE,
PLEASE USE 7-1-1 FOR TTY USERS**

*Services provided in collaboration
with San Bernardino County
Behavioral Health and funded by
the Mental Health Services Act
(Proposition 63).*



REV 9/2024



Family Resource Center

All San Bernardino
County Residents
Welcome!

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Services

All San Bernardino County High-Desert residents are invited to engage services at the Family Resource Center located in the Riverside-San Bernardino County Indian Health, Inc. building. The Family Resource Center hosts events that are open to all youth, adults, families, and elders of the San Bernardino County community.

We are excited to provide events, classes, and behavioral health services that are important to the San Bernardino County community and value your feedback and suggestions!



We are an Accreditation Association for Ambulatory Health Care (AAAHC) accredited facility.

Program Information

- Telemedicine/Virtual Therapy
- Collaboration in Community Programming
- Community Mental Health Education
- Special Events & Activities for Families, Youth, & Adults
- Early Intervention Services
- Individual & Group Therapy
 - Child
 - Adolescent
 - Adult
- Adult Substance Use & Relapse Prevention
- EMDR
- The National Curriculum and Training Institute (NCTI) Crossroads®



No Healthcare Insurance Required for Family Resource Center Services!

Referrals

The goal of the Family Resource Center is to offer and expand new and exciting activities to all San Bernardino Residents. The Family Resource Center is committed to providing services that address family distress, alcohol, and drug use as well as other related problems. This is achieved through education, prevention, and treatment activities for the underserved populations who reside in San Bernardino County.

The program is designed and intended to attract interest in community and traditional cultural activities and highlight positive activities that may prevent further serious behavior, mental health, and substance abuse conditions



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