

Native American Resource Center

The goal of the Riverside/San Bernardino County Indian Health, Inc. Native American Resource Center is to reduce the stigma and discrimination associated with mental illness. To decrease family and community distress, and improve the physical, mental, emotional, and spiritual health through culturally based programs. The Native American Resource Center is committed to increasing awareness of the effects of historical trauma and the barriers to care in accessing mental health services.

The Native American Resource Center collaborates with community agencies to meet the needs of at risk youth and their families through education and prevention activities. The program is designed and intended to foster interest in positive culturally grounded activities.



Administrative Office

**Riverside-San Bernardino County
Indian Health, Inc.**

**11980 Mt. Vernon Avenue,
Grand Terrace CA 92313
(800) 732-8805 ext. 4795**



**FOR ALL NUMBERS LISTED
ABOVE, PLEASE USE 7-1-1 FOR
TTY USERS**



Behavioral Health

Services provided in collaboration with the San Bernardino County Department of Behavioral Health and funded by the Mental Health Services Act (Proposition 63). Servicios proveídos en colaboración con el Departamento de Salud Mental del Condado de San Bernardino y financiado por la Ley de Servicios de la Salud Mental (Proposición 63).



Find us at NativeRC

**Revised
8/2019**



Native American Resource Center

**11980 Mt. Vernon Avenue,
Grand Terrace
(909) 864-1097 ext. 4795**



Services

The Native American Resource Center provides the following prevention and early intervention services:

- Stigma Reduction/Historical Trauma Education
- Youth Prevention Programs
 - Daughters of Tradition
 - American Indian Life Skills
 - 12 Teachings for Native Youth
- Mental Health Awareness Outreach
- Pathways to Wellness
- Wednesday Wellness Craft Classes
- Family Prevention Events
- Talking Circle
- Maternal Mental Wellness Support
- Substance Abuse Prevention
- Resume Building
- Referrals for Continuing Care



Program Information

At the Native American Resource Center we utilize a cultural approach in addressing mental health and substance use in our communities.

We provide prevention and early intervention services to American Indian and Alaskan Natives clients and their dependents.

The Native American Resource Center provides referrals to state licensed Behavioral Health Service providers:

- Psychiatry
- Clinical Social Work
- Psychology
- Chemical Dependency
- Marriage and Family Therapy



Referrals

The Native American Resource Center provides referrals for the following services:

- Medical
- Behavioral Health Services
- Dental
- Laboratory
- Radiology
- Optometry
- Outreach
- Pharmacy
- Diabetes
- Nutrition/WIC
- Native Challenge

For the nearest Riverside-San Bernardino County Indian Health, Inc. Behavioral Health Services Department, please call (888) 268-0008 ext. 4795

