

NUTRITION REWARDS PROGRAM

Making positive lifestyle choices is hard work. We want to reward you for your time and effort!

REWARDS:



Attend one whole series of classes and receive a snack bag.*



Attend 10 classes and receive cutting boards. *



Attend 15 classes and receive a glass storage set. *



Attend 20 or more classes and receive a pressure cooker. *

*Or a snack bag of equivalent value.

*Brands and gifts may vary due to availability.

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